

	Karlybayev Murat Sagyngalievich
	at the T. Zhurgenov Kazakh National Academy of Arts
	Lecturer of the department "Stage plastic and physical culture" Degree

1. Academic and practical experience 5/36

2. Subjects taught:

- Physical Education

3. Creative, research and innovation activities:

• 2019-2020 academic year

- Participated in the organization and conduct of:
- inter-faculty competitions among students of the academy (mini-football, basketball, togyzkumalak, gymnastics);
- 4 tournaments with the participation of the national team of the academy and students of Almaty (mini-football, streetball, national sports, togyzkumalak);
- Volleyball tournament for the KazNAI Rector's Cup among artists of the city of Almaty;
- Sports contest "Health-2020 among teaching staff and employees of T.K. Zhurgenov KazNAI;
- Participant of the XIV Spartakiad among employees of educational institutions and scientific institutions of Almaty, dedicated to the Year of Youth and the 20th anniversary of the formation of the Almaty Parasat Trade Union: 1st place in the complex competition; 2nd place in table tennis.

• 2021-2022 academic year

- Participated in the organization and conduct of:
- mini-football for the Kaz NAI Rector's Cup on 10/26/2021,
- online chess tournament on the Internet platform ggamecenter.com . (04.12.21).
- Participated in the organization and conduct of the following competitions:
- "Autumn all-around physical fitness among students (boys) of KazNAI named after T.K. Zhurgenov" (02.10.21)
- "Autumn all-around physical fitness among students (girls) KazNAI named after T.K. Zhurgenov" (16.10.21)
- Online togyzkumalak Tournament on the Internet platform iggamecenter.com . (13.11.21w.).

4. Publications:

- Karlybaev."M. With the dynamics of a significant reduction in heart rate and oxygen saturation at tourists during the sports season in Mountain places on discipline" "Physical Culture" "/material of the All-Russian scientific and practical conference with international participation ""innovative technologies in the system of Sports Training, mass physical training "culture and sports".- St. Petersburg, 2019-Pp. 172-176.
- Karlybaev M. S., "on the content of disciplines" Physical Culture in higher educational institutions": II international scientific and methodological conference "distance learning in the field of art: school-college — university — post — graduate education" // Karlybaev M. S. – Almaty, 2020.
- Karlybaev M. S.," Main Features of the updated educational program in physical education lessons": collection of scientific articles of students and young students " research of young students: Physical Culture, Sports, Tourism // Karlybaev M. S. – Almaty, 2021.
- Karlybaev M. S.," The Social role of Kazakh National Games in the framework of Physical Culture": scientific-theoretical journal "theory and methodology of Physical Culture". Karlybaev M. S. – Almaty, 2021.
- Karlybaev M. S., "Kazakh National Games as an integral part of the system of Physical Culture": theory and methodology of Physical Culture // Karlybaev M. S. – Almaty, 2022.

5. Monographs, textbooks:

- Karlybaev M. S.," Kazakh National Games and competitions " // Karlybaev M. S. – Almaty, 2022.

6. Awards:

- letter of thanks, 2019, mayor of Almaty.

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